



NEWSLETTER



A MESSAGE FROM THE PRINCIPAL

Good afternoon everyone

This week marks the half way point of a term that has been very busy with a high quality learning taking place in every classroom. While it is expected that there is some fatigue, we had a significant number of students showing signs of tiredness very early in the week last week. While we acknowledge the busy schedules that we all sometimes keep, I thought it pertinent to offer a friendly reminder about the importance of sleep in your child's development. Primary school children should be getting 10-12 hours sleep per day to allow their bodies to recover, repair and rejuvenate.

Life Education suggests a few tips:
Watch the sugar/caffeine
Limit technology/stimuli before bed
Keep a regular routine
Know how much sleep is required
A good night's sleep helps children to concentrate on their learning, regulate their emotions positively and decrease stress levels.

In the absence of NAPLAN this year, students in Years 3 & 5 will soon be participating in a literacy and numeracy check. This is a state-wide initiative that will allow us to evaluate how our students are progressing in their literacy and numeracy learning.

FOCUS OF THE WEEK

WEEK 4 - **DESCRIPTIVE LANGUAGE**

WEEK 5 - **RESPECT**

GET IN TOUCH

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Miss Webster has been working with landscapers to bring together a concept designed in collaboration with students for our Sustainable front garden. We are hoping to bring this design to fruition in the upcoming holidays. We will be requiring lots of plants to fill in the garden and we know there are lots of keen gardeners in our community. We have visions of our wider Nundle community having a part in this school garden that is so often admired by passers by. If you have any of the following plants in particular, we'd love you to get in touch with the office.

We are hoping the town oval will be available soon for us to conduct our athletics carnival. At this stage, we are still not allowed to have spectators, but we are utilising the additional time to give students some extra training in the various track and field events to help build skills.

We will keep you informed in relation to the Covid-19 restrictions that impact school. We are following the AHPPC guidelines. We remind people to keep washing hands, using water bottles and coughing or sneezing into your elbow. Please keep children home if they are unwell, even with mild symptoms.

Thank you for your support

Stephen Gadd
Principal



LIBRARY NEWS

Due to a large number of new library books, our librarian, Ms Burgess, is looking for parents/carers/friends, that would be interested in covering some library books in the comfort of their own home. She would provide 5-10 books complete with materials required. Please contact the school if you can offer assistance.

FROM THE OFFICE

There has been a number of students arriving at school without a jumper or jacket. As the weather is still cold can you please ensure your child wears a jumper or jacket to school or make arrangements to purchase one if required.

Can you please ensure that if your child is absent from school you contact the office via phone, email or School Stream.

K,1,2 Mathematics

Learning about measurements



CONGRATULATIONS

Monday Morning Awards

Congratulations to our Merit Award winners

Year K,1,2 - Kirin, Echo and Annabelle

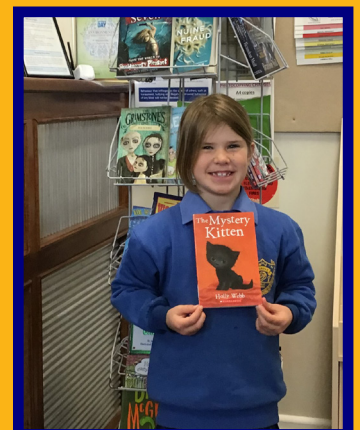
Year 3/4 - Marlee and Caitlin

Year 5/6 - Emily and Phoebe



ATTENDANCE AWARD

Congratulations to our
Attendance Award winner Chloe
for 100% attendance in Week 3 and
Annabelle in Week 4.



BLAST FROM THE PAST!

If you have any old school photos that you would like us to feature please let us know!



FRONT ROW: Jodie Porter, Amanda Fitts, Anna Baigent, Vanessa Emerton, Lara Wiggan, Emma Crosby-Browne, Raegan Schofield.
SECOND ROW: Edwin Hooper, Warwick Burr, Clinton Caldwell, Andrew Wiggan, Jared Doyle, Terry Carroll.
THIRD ROW: Geoffrey Inman, Scott Swain, Bob Morley, Nathanael Turnbull, Craig Swan, Dean Aitken.
NCD03157x8776 Year 5 & 6 Teacher: Mrs. Burchell. Principal: Mr. I. Lobney.

Nundle Public School 1934



Nundle Public School 1935



Good for Kids good for life

EASY SWAPS IN THE LUNCHBOX

Packing healthy snacks in the lunchbox does not have to be time consuming. Swap from some of these common 'sometimes' lunchbox products to easy alternatives that add extra fibre and nutrition to your child's day:

- Chips → Wholegrain rice cracker bites



- Biscuit and cream cheese snack → carrot sticks and hummus



- Muffin or muffin bar → pikelets



- Tiny teddies → Whole grain fruity bites

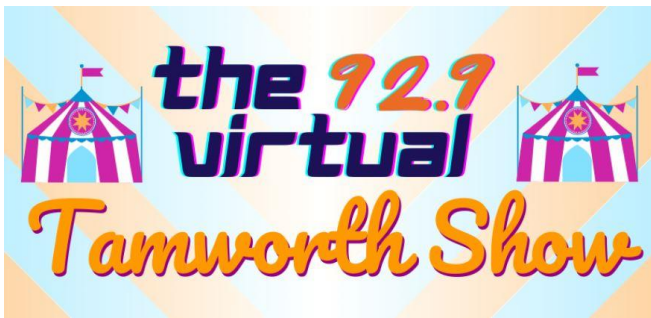




2TM and 92.9FM ANNOUNCE THE INAUGURAL – 2020 TAMWORTH VIRTUAL SHOW

MEDIA RELEASE

3rd August 2020



With the very sad news that the Tamworth annual show, scheduled to be held in September had to be cancelled, the team at 2TM and 92.9FM decided that the town didn't have to miss out altogether, and so came up with the brand new concept of running the 2020 Tamworth Virtual Show.

Annual Agricultural Shows are extremely important events, especially in regional towns. They allow the wider community to connect with each other through sporting events, arts and crafts and socially. They also allow farmers to showcase their stock and see what other farmers have on offer to broaden their own breeding programs.

The 2020 Tamworth Virtual Show will allow people to enter 5 categories, with fantastic prizes on offer as well as a specially made show ribbon. Categories are Photography, Artworks, Literature, Pets and Creation. The sub-categories are further broken down, and four of the sub-categories are an under 18's section.

General Manager, Nikki Kenwick said 'we are excited to celebrate with our listeners a small representation of what the Agricultural show would normally bring to town. People work all year on submissions to enter the annual show, and at least this way, they can still participate in a virtual way. With the region still in drought, and the recent bushfires in the area, it's important for people to have something to look forward to'

The 2020 Tamworth Virtual Show kicked off this morning, and we will be accepting entries via photos until 28th August 2020. Winners will be notified on September 3rd, which would have been the first day of the Tamworth annual show.

Further details can be found on both stations websites www.2tm.com.au and www.fm929.com.au

<ENDS>

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